

A Gift From Our Heart



From Edge of Change

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Perspective

PERSPECTIVE

a way of regarding situations, facts, etc, and judging their relative importance.

We live in a world that is kind and cruel, happy and sad.

We are surrounded by optimism and pessimism.

Both are irrefutable and it would be unrealistic to suggest that by thinking only about warm things, cold ones will cease to exist.

Expanding your perspective isn't about denying reality or adopting a "Pollyanna" way of looking at life.

It's about choosing a viewpoint, attitude or mindset that is most likely to promote happiness and help you achieve the life you desire.

Each of our lives is filled with joy and sorrow and each of us chooses how we relate to that which causes either.

Altering one's perspective is not a requirement—it's an option.



“There is no burnt rice to a hungry person.”

~Philippine Proverb





“At high tide the fish eat ants; at low tide the ants eat fish.”

~Thai Proverb





“I never ask God to give me anything;
I only ask him to put me where things are.”

~Mexican Proverb





“Won't you come into the garden? I would like my roses to see
you.”

~Richard Brinsley Sheridan





“A man should never be ashamed to own he has been in the wrong, which is but saying... that he is wiser today than he was yesterday.”

~Alexander Pope





Forgiveness

FORGIVENESS

willingness to forgive—to cease to blame or hold resentment

The act of forgiveness is a purposeful undertaking that releases the giver and receiver from being prisoners of the past.

There is no future in the past.

Without forgiveness, both given and received, our souls cannot know peace or harmony—and the freedom they afford.

Forgiveness is not something we have to do but rather something we allow to flow through us.

It doesn't require strength—only courage.

We must follow nature's lead and shed that which no longer serves us.

We must prune back that which doesn't produce bounty—so that it may grow again.

We must include ourselves among those we give the gift of forgiveness.



“Forgiveness is the fragrance the violet sheds on the heel
that has crushed it.”

~Mark Twain





“He who cannot forgive breaks the bridge over which he himself must pass.”

~George Herbert





“Forgiveness does not change the past,
but it does enlarge the future.”

~Paul Boese





“I can forgive, but I cannot forget, is only another way of saying, I will not forgive.”

~Henry Ward Beecher





“Forgiveness is me giving up my right to hurt you for hurting me.”

~Anonymous





Leadership

LEADERSHIP

an act or instance of leading; providing guidance or direction

Power, the authority to direct someone or the ability to provide someone a paycheck does not equal leadership.

True leadership inspires its followers to *want* to achieve big goals. It influences them to do great things.

Effective leaders must have their followers trust and confidence. They must always be aware that their actions tell those who follow who they really are.

Leadership clarifies purpose and assures people they are an asset and a valuable resource.

It fosters creativity and makes it possible for those they lead to see their own potential and flourish under the vision and implementation of a common goal.

One does not have to own a business or be wealthy to practice the art of leadership.

Our lives are full of opportunities to demonstrate good leadership skills among our friends, family and peers each and every day.



“The best executive is the one who has sense enough to pick good men to do what he wants done, and self-restraint enough to keep from meddling with them while they do it.”

~Theodore Roosevelt





“You do not lead by hitting people over the head.
That's assault, not leadership.”

~Dwight D. Eisenhower





“What chance gathers she easily scatters. A great person
attracts great people and knows how to hold them
together.”

~Johann Wolfgang Von Goethe





“It is absurd that a man should rule others, who cannot rule himself.”

~Latin Proverb





“If your actions inspire others to dream more, learn more,
do more and become more, you are a leader.”

~John Quincy Adams





Happiness

HAPPINESS

a state of delight, pleasure or contentedness

Happiness is more than a pleasant moment or an agreeable sensation.

It is a way of being and of relating to the circumstances and events of your life. It transcends your momentary and your life-long conditions.

Happiness is a choice and a discipline—that defines the manner in which you experience your world.

Authentic and enduring happiness is contingent on internal matters rather than external situations. It is derived from cultivating inner peace and strength.

Practicing the art of happiness sets you free—not from experiencing negative emotions—but from being enslaved by them.



“The foolish man seeks happiness in the distance;
the wise grows it under his feet.”

~James Openheim





“Most folks are about as happy as they make up their minds to be.”

~Abraham Lincoln





“We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have.”

~Frederick Keonig





“The best vitamin to be a happy person is B1.”

~Author Unknown





“He is rich or poor according to what he is,
not according to what he has.”

~Henry Ward Beecher





Success

SUCCESS

the favorable outcome of something attempted

Society's idea of success often begins and ends in the amount of money and power one acquires.

But in reality, success is a multifaceted concept defined by each of us based on personal goals and desires. And that doesn't always begin and end in finances.

It is true money is beneficial and affords one the luxury of making choices and most importantly the ability to say, no.

But financial successful alone can't buy love, happiness, friendship, peace or health.

To achieve a meaningful sense of personal pride and accomplishment, success must be measured by our own standards and encompass something other than the superficial admiration of others.

When we create a clear understanding of what success means to each of us in terms of personal relationships, business and moral matters we are capable of extracting a deep and satisfying meaning from life.



“One secret of success in life is for a man to be ready for his opportunity when it comes.”

~Benjamin Disraeli





“Success is dependent on effort.”

~Sophocles





“There is only one success-
to be able to spend your life in your own way.”

~Christopher Morley





“Men are born to succeed, not fail.”

~Henry David Thoreau





“Many of life’s failures are people who did not realize how close they were to success when they gave up.”

~Thomas Edison

